



A STUDY ON THE INTERESTS OF EARLY ADOLESCENTS

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ABSTRACT

The present study focused on the interests and likes of early adolescents. The findings of this study will have implication value in designing the curriculum. The type of the present research work is 'Applied Research' and uses the 'Survey Method' of research. 'Convenience Method' adopted for sampling. A self prepared and standardized inventory for students is used to collect the data. The study covered 180 Early Adolescents which belong to age group of 12 years to 15 years. Early Adolescents have different interests and likes in respective of school related, extracurricular related and general interest. The Early Adolescents are clear about their interests and like in school subject, inspiring person, games, relations, pets, fruits, flowers, places and TV programs. The study concludes that, the school and parents should concentrate on developing interests and likes of Early Adolescents at this age group. This is the stage to develop healthy habits and lifestyle.

Keywords: interests, early adolescents, habits.

1. Introduction

Early adolescents play a very important role and precious period of transition from childhood to adulthood. During this period the individual attains puberty leading to many changes. These changes have enormous implications for the individual's sexual, social, emotional and vocational life; that is why Stanley Hall has rightly described this period as a "Adolescence is the period of great stress, strain, storm and strife". These changes make the individual to find an identity, which means developing an understanding of self, the goals one wishes to achieve and the work/occupation role. The individual establishes interests and likes at this stage. These interests and likes will develop and continue for longtime, may be life time. Interests like in school subject, inspiring person, games, relations, pets, fruits, flowers, places and TV programs etc have very strong impact on development of one's personality.

2. Objectives of the study:

1. To find out school related interests and likes of early adolescence child.
2. To find out extracurricular related interests and likes of early adolescence child.
3. To find out general interests and likes of early adolescence child.

3. Delimitation of the study:

The researcher delimited the area of the study as Sangareddy town in Telangana State of India. And also

1. The study will not consider the geographical various like rural, urban and tribal regions.
2. The study will be free from social variables like gender, caste, race and religion etc.

4. Methodology of the study:

The present research work is 'Applied Research' because, it is concerned with certain sample and the results is applicable to the field of Behavioral Science. The present descriptive study used the 'Survey Method' of research. A sample of 180 Early Adolescents in Sangareddy town is selected by 'Convenient Sampling Method'. To study the interests of early adolescents the researcher used self developed 'Inventory' tool. The tool developed by the researcher consists of 21 questions and standardized with the help of two experts that can be used to learn more about early adolescents. The items from multiple domains as school related, extracurricular related and general interests are arranged in the inventory. The inventory applied to the sample with the help of B.Ed students. The period covers for the data collection is November of 2017.

5. Findings:

1. 38 percent of the Early Adolescents like Mathematics subject, 33 percent of the Early Adolescents like Science subject and 29 percent of the Early Adolescents like Social subject.
2. 35 percent of the Early Adolescents interested in project works, 32 percent of the Early Adolescents interested in practical and 33 percent of the Early Adolescents interested in CAI.
3. 26 percent of the Early Adolescents like to work alone, 62 percent of the Early Adolescents like to work in small groups and 12 percent interested in work in large group.
4. 27 percent of the Early Adolescents inspiring by M K Gandhi, 24 percent of the Early Adolescents inspiring by Subhash Chandra Bose, 23 percent of the Early Adolescents inspiring by Bhagatsing and 26 percent of the Early Adolescents getting inspired by Jhansi Laxmibai.
5. 36 percent of the Early Adolescents like to play Tennis, 32 percent of the Early Adolescents like to play Cricket, 27 percent of the Early Adolescents

- like to play Kabaddi and 5 percent of the Early Adolescents like to play Hockey.
6. 52 percent of the Early Adolescents like to watch cartoon channels, 31 percent of the Early Adolescents like to watch Science channels, 14 percent of the Early Adolescents like to watch music channels and 3 percent of the Early Adolescents like to watch news channels.
 7. 43 percent of the Early Adolescents like to watch Movies, 28 percent of the Early Adolescents like to watch Sports, 17 percent of the Early Adolescents like to watch quiz programs and 12 percent of the Early Adolescents like to watch songs.
 8. 54 percent of the Early Adolescents like to enjoy with their grandparents, 28 percent of the Early Adolescents with mother and 18 percent of the Early Adolescents with Father.
 9. 62 percent of the Early Adolescents utilize their leaser time to enjoy with peer group, 28 percent of the Early Adolescents on mobile games and 10 percent on reading books.
 10. 36 percent of the Early Adolescents interested in raising a dog, 32 percent of the Early Adolescents interested in raising a cat and 32 percent of the Early Adolescents interested in raising a pigeon.
 11. 30 percent of the Early Adolescents like apple, 30 percent of the Early Adolescents like Mango, 20 percent of the Early Adolescents like Banana and 20 percent of the Early Adolescents like grapes.
 12. 40 percent of the Early Adolescents like Lilly flowers, 25 percent of the Early Adolescents like Rose, 20 percent of the Early Adolescents like Marigold and 15 percent of the Early Adolescents like other flowers.
 13. 35 percent of the Early Adolescents like Puri as breakfast item, 26 percent of the Early Adolescents like Dosa, 25 percent of the Early Adolescents like Idly and 14 percent of the Early Adolescents like other items.
 14. 38 percent of the Early Adolescents like cars, 31 percent of the Early Adolescents like bikes and 31 percent of the Early Adolescents like Scotty.
 15. 33 percent of the Early Adolescents like to visit Zoo, 31 percent of the Early Adolescents like historical places, 28 percent of the Early Adolescents like to visit amusement parks and 8 percent of the Early Adolescents like other than these three.
 16. 66 percent of the Early Adolescents use mobile phones for 1-2 hours, 27 percent of the Early Adolescents use mobile phones for more than 1 hour and 7 percent of the Early Adolescents use mobile phones for less than 1 hour.
 17. 58 percent of the Early Adolescents mainly use mobile phones for playing games, 31 percent of the Early Adolescents mainly use mobile phones for school subject related searches and 11 percent of the Early Adolescents manly use mobile phones for social networking
 18. 54 percent of the Early Adolescents interested to utilize their leisure in reading books and 46 percent of the Early Adolescents in watching movies.

6. Discussion on Findings:

By analyzing the data collected by the researcher, findings can be summarized as follows. In the present study, the researcher found that, Early Adolescents have different interests and likes in respective of school related, extracurricular related and general interest. Early Adolescents interested in project works, practical and CIA rather than regular teaching learning process. Early Adolescents showing hero-worship towards national leaders. They are inspiring by stories of national leaders. Early Adolescents are showing interest towards playing games. Early Adolescents much interested in watching cartoons, science channels like National Geographic Chanel, Discovery and music channels. Early Adolescents didn't showing interest towards watching news channels. Most of the Early Adolescents interested to live with their grandparents. Early Adolescents spending their leisure time with peer groups and mobile games. Early Adolescents interested towards pamper a pet. Early Adolescents showing difference in dietary habits, but they have healthy food habits. They are interested in gardening. Most of the Early Adolescents like to visit zoo and historical places. Most of the Early Adolescents are spending 1-2 hours with mobile phone. They mainly use mobile phone for games and school project related searches whenever they have to complete the projects. Most of the Early Adolescents interested to utilize their leisure time in reading books rather than watching a movie.

7. Recommendations:

Based on the interactions of the findings of the present research and the elaborate methodology followed by the researcher, the researcher is convinced that, the Early Adolescents of adolescence are clear about their interests and like in school subject, inspiring person, games, relations, pets, fruits, flowers, places and TV programs. Considering the findings of this study the following recommendations are suggested to schools and parents.

1. Schools should encourage the Early Adolescents in the subjects which they are showing interest. The subjects will create interest among the Early Adolescents when the teaching learning process is in project method, practical method or CAI rather than traditional teaching learning process.
2. Early Adolescents like work in small groups. So schools should arrange group projects for interested and solo projects for individuals.
3. Schools should maintain library with adequate books. It will encourage the Early Adolescents to develop study habits.
4. Schools should arrange Scientific and Historical tours to develop scientific attitude among the Early Adolescents.
5. Parents should encourage the Early Adolescents to watch science channels, educational channels and news channels to develop study habits.
6. Parents should provide the scope to their Early Adolescents to visit zoo, gardens and historical places while scheduled to travel on family trips. It is also suggested that, to encourage Early Adolescents to pamper pets.

7. Parents should encourage their Early Adolescents to use mobile phones for searching about school subject related matters. It is suggested to develop the habit of browsing scientific and historical videos, video classes on a particular topic, Wikipedia.

8. Conclusion:

The results concluded that, in the stage of early adolescence, the Early Adolescents are very curious about their interests and likes. This is the stage of establishing and developing interests and likes. The school and parents should concentrate on developing interests and likes of Early Adolescents at this age group. This is the stage to develop healthy habits and lifestyle. The study also concludes that, Early Adolescents at early adolescence are deferent with each other in regards to interests and likes. Encouraging in their interests and likes will makes them firm, to build their personality.

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